

# EDUCATIONAL PROGRAMS

LEARN | EXPERIENCE | GROW



**SEPTEMBER  
THROUGH DECEMBER**

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## FAMILY WORKSHOPS

Spend time as a family at Lauritzen Gardens. Each month families will complete a craft project together and explore a related garden with a guide. One craft kit will be provided per family (any combination of adults and children, as long as one adult is participating). Includes garden admission for all participants.

### PUMPKIN FAIRY GARDEN

Join us as we combine two favorites...pumpkin "carving" and fairy gardens! We will take a trip through the garden to admire all things fall and make a stop back in the classroom to create your very own pumpkin fairy garden!

*Members \$35, Non-members \$45*

**October 17 | 10 to 11:30 a.m.**

Registration is required by October 9.



### TREE COOKIE TURKEYS

As we journey through the gardens, we will be on the lookout for our resident turkeys! Your family will also be making three tree cookie turkeys with room to write all of the things that you and your family are thankful for!

*Members \$25, Non-members \$35*

**November 7 | 10 to 11:30 a.m.**

Registration is required by October 30.



### GINGERBREAD HOUSES

We will spend the entire time in this class working on creating your family's gingerbread house. All materials will be supplied for the creation of your masterpiece!

*Members \$30, Non-members \$40*

**December 5 | 10 to 11:30 a.m.**

Registration is required by November 30.

**December 12 | 10 to 11:30 a.m.**

Registration required by December 7.



**December 19 | 10 to 11:30 a.m.**

Registration required by December 14.

### INDOOR (OR OUTDOOR!) HERB GARDEN

Families will construct their very own herb garden during this family workshop. Herb gardens are a fun and simple way to bring home-grown food to your doorstep!

*Members \$30, Non-members \$40*

**January 16 | 10 to 11:30 a.m.**

Registration is required by January 11.



## FAMILY WORKSHOPS

### HEART "GARDEN"

This month's family workshop will focus on a beautiful planter filled with your very own heart garden creations. Participants will construct this beautiful and fun planter together in honor of Valentine's Day!

*Members \$30, Non-members \$40*

**February 6 | 10 to 11:30 a.m.**

Registration is required by January 29.

### TERRA COTTA POT TOWER

We will be constructing a unique decoration for your garden during this family workshop. Bring your family to construct and decorate a terra cotta pot tower that can be used either as a plant stand or birdbath!

*Members \$35, Non-members \$45*

**March 20 | 10 to 11:30 a.m.**

Registration is required by March 15.

### STEPPING STONES

Come and create a mosaic stepping stone with your family! We will be using cement and a variety of add-ins to make a one-of-a-kind stepping stone for your garden!

*Members \$30, Non-members \$40*

**April 17 | 10 to 11:30 a.m.**

Registration is required by April 12.

### DIY TIC-TAC-TOE BOARDS

Join us for a fun family workshop where natural tic-tac-toe boards are the name of the game! We will be creating these games from scratch so you may enjoy a time-tested game with your family!

*Members \$25, Non-members \$35*

**May 15 | 10 to 11:30 a.m.**

Registration is required by May 10.

Picture are representative, but not identical to each month's craft.





## LIL' SPROUTS

Adults and children ages 3 to 5 work together while learning about nature, shapes, colors, ABC's, and 123's. Each child will create a craft, enjoy a snack, and experience a short garden excursion. For more information and to register visit [lauritzengardens.org](http://lauritzengardens.org) or call (402) 346-4002, ext. 253.

Classes are held on select Wednesdays from 10 to 11:30 a.m. and Thursdays from 1 to 2:30 p.m. Each registration is good for one child and one adult.  
Members \$8, Non-members \$18

### October 7 or 8 | Spiders and Other Bugs that Spin Webs

Many spiders and insects are able to spin webs and build other structures. We will explore the shady areas of the garden to locate and draw webs and other silky structures.  
Pre-registration is required by September 30.

### November 4 or 5 | Frogs and Toads

Learn about the differences between frogs and toads as well as what they eat, where they live, and how they use their senses like us.  
Pre-registration is required by October 30.

### December 2 or 3 | Seeds

We'll talk about how plants grow and the many different types of seeds and bulbs.  
Pre-registration is required by November 30.

### January 6 or 7 | Parts of a Plant

Explore the Marjorie K. Daugherty Conservatory and discuss the different parts of a plant and how we, as humans, use them.  
Pre-registration is required by December 31.

### February 3 or 4 | Trees

Explore the Marjorie K. Daugherty Conservatory or the Arboretum and Oberman Bird Sanctuary, talk about the different kinds of trees, and use tree cookies to explore trees closer. Pre-registration is due by January 29.

## PHOTOGRAPHY LEVEL 1

Advance beyond using the automatic settings on your DSLR camera, learning about aperture, shutter speed and lighting. For beginners. Classes are from 9 to 11 a.m.  
Instructor: Will Fields  
Members \$19, Non-members \$25  
September 19 | October 17 | November 14  
December 12

## PHOTOGRAPHY LEVEL 2

Develop your own style and gain an understanding of what makes a great photo, learn basic techniques, and pick up some tips that professional photographers use. The instructor will provide clear instruction, guidance, and feedback throughout four field exercises. For beginner to intermediate photographers. Classes are from 1 to 3 p.m.  
Instructor: Will Fields  
Members \$19, Non-members \$25  
September 19 | October 17 | November 14  
December 12

## PHOTOGRAPHY LEVEL 3

Prerequisite: Photography Level 2 or submit 5 images for review by the instructor. Classes are from 3 to 5 p.m.  
Instructor: Will Fields  
Members \$19, Non-members \$25

### Point of View

Learn how to change the point of view by changing perspective and the elements within the frame.

September 19 | December 12

### Speaking in More than One Tense

Learn how to use focal length to create different effects.

October 17

### Mindfulness

Learn awareness of composition and the use of positive/negative space and the lines within the frame.

November 14

## EVENING PHOTOGRAPHY

Come learn and expand your knowledge of photography during an after-hours exploration of Lauritzen Gardens. Completion of Photography Level 2 or a review of existing work with the instructor is required. Classes are from 7 to 9 p.m.  
Instructor: Will Fields  
Members \$19, Non-members \$25  
September 30 | October 14 | November 18  
December 16





NIGHT SKIES AT LAURITZEN GARDENS

**September 26 | 7:30 to 9 p.m.**  
Join the Omaha Astronomical Society for an outdoor viewing party. Come out and gaze at the gas giants, Jupiter and Saturn, as well as the moon, in the darkness of the garden.

**October 17 | 7 to 8:30 p.m.**  
Join the Omaha Astronomical Society for an outdoor viewing party of the fall constellations in the darkness of the garden.

Participants should bring a flashlight.  
Pre-registration is required a week prior.  
*Members \$5, Non-members \$15*

**MONARCH TAGGING**  
Have you ever wondered how you could make a difference for monarchs and other butterflies? Here's your chance to learn about these incredible creatures and try your hand at tagging a few before they head south for the winter. Join the Omaha Chapter of the American Association of Zookeepers in its first ever community outreach monarch tagging event on Sunday, September 13 at Lauritzen Gardens. With registration, you will enjoy a 15-minute presentation about how you can help monarch butterflies, then go out and get some hands on experience. You will also gain access to the garden for the day of the event.  
Pre-registration is required by September 12.  
*Members \$5, Non-members \$15*

**September 13 | 9 a.m., 10 a.m., 11 a.m., or noon**

ARBORETUM TWILIGHT TOUR

Explore our "garden of trees" and celebrate autumn on a guided walking tour led by Steve Rodie, Professor of Biology and Environmental Studies at UNO. This tour is a great opportunity to celebrate all that nature provides and is timed for the lovely hours before sunset.  
*Members \$5, Non-members, \$15*

**October 16 | 5:30 to 7 p.m.**



CHOCOLATE TASTING

Join us for a chocolate tasting with Chocolaterie Stam (located in Shadow Lake). This session will include information about the rich history of chocolate and Chocolaterie Stam, fun facts about chocolate, and samples of some of the shop's most delicious chocolates.

**September 23 | 6 p.m.**

BOTANICAL BARTENDING

This series of botanical bartending classes explores the ingredients and history of a variety of classic cocktails and spirits. Each tasting is held from 6 to 7:30 p.m. Pre-registration is required a week prior to each class. *Must be 21 to attend.*  
*Members \$29, Non-members \$39*

Wine and Roses "Sweet Wine of Mine" September 25

This special one night only twilight tour includes a tram tour to the beautiful rose garden and a tasting of a selection of sweet wines.

Agave You a New Reason to Try Tequila October 7

Taste agave spirits in a range of ways and learn to detect some of the more common traits of tequila from earthy, citrusy or floral to vanilla, caramel, and even coffee!

Botanical Spirits | October 23

Try an assortment of seasonal "BOOS" and choose your favorite for a halloween-themed cocktail.

Whiskey A-Go-Go | November 6

Discover different flavor profiles and find one that suits your palate! Learn more about the botanical ingredients in whiskey and bourbons, and which "recipes" offer the more basic profiles like sweet, malty, creamy, or peppery.





YOGA

Workshops will be held outdoors from April through October (weather permitting). Please bring a mat or towel. Classes are held from 6 to 7:30 p.m. All levels are welcome.  
Members \$10, Non-members \$15

FLOW/VINYASA

September 2 | October 7  
November 4 | December 2  
Surrounded by the beauty of nature, you'll find the peace and stillness inherent in the garden. Connect with nature and yourself in these yoga workshops for all levels.  
Instructor: Suzanne Wright

YIN YOGA

September 16 | October 21  
November 18 | December 16  
Yin yoga is a slow-paced style of yoga combining deep stretching and relaxation. This more meditative practice helps to lengthen ligaments, soften joints, and improve flexibility.  
Instructor: Suzanne Wright

YOGA FOR BEGINNERS

This gentle, relaxing introduction to yoga is perfect for beginners or yoga practitioners of all levels.  
Instructor: Lindsay VanZee  
September 23 | September 30  
October 14 | October 28 | November 11  
November 25 | December 9 | December 30

BUY A YOGA PACKAGE

Whether you are a beginner or experienced yogi, a yoga package can help achieve your yoga goals and never miss a class by ensuring your name goes on the roster each Wednesday night from the date of purchase through the term of purchase.

30 Days  
Members \$30, Non-members \$45

3 Months  
Members \$100, Non-members \$150

6 Months  
Members \$210, Non-members \$315

12 Months  
Members \$480, Non-members \$720

QIGONG AND TAI CHI


Qigong (CHEE - GONG) is a practice of coordinated movements and breathing done in repetition for clearing, cultivating, and balancing energy within the body while also building strength and stability. It is a gentle form of exercise that can be thought of as a moving meditation. This method of coordinating breath with body movements helps bring awareness within, reduce stress, anxiety and tension, and also promotes restful sleep. Tai Chi combines this ancient practice with martial arts forms. Classes are held from 8 to 9 a.m.  
Instructor: Julie Jenowe  
Members \$10, Non-members \$15

September 5 | Earth Element: Tai Chi for Balance  
September 19 | Cultivate the Fire Within: Qigong for Energy  
September 26 | Embody Love, Emanate Light: Qigong for the Heart  
October 10 | Class theme to be determined  
October 24 | Class theme to be determined



MEMBERS ONLY WALKING CLUB

Tuesday mornings through October 27 9 a.m.  
Walk your way to good health on Tuesday mornings by exploring more than 1.5 miles of trails. Walking club will help you fight stress, strengthen your mind and body and feel rejuvenated.  
Members Only - no reservations or timed tickets required.

Health and Wellness Programs sponsored by  






MACRAME PLANT HANGERS

Learn how to make basic macramé knots, and then make your own macramé plant hanger, and pot up a plant to take home in your new masterpiece. Classes will be held from 12:30 to 2:30 p.m.  
Pre-registration is required a week prior.  
Instructor: Andrea Elarton  
Members \$49, Non-members \$59

September 12 | October 10

BASKET WEAVING

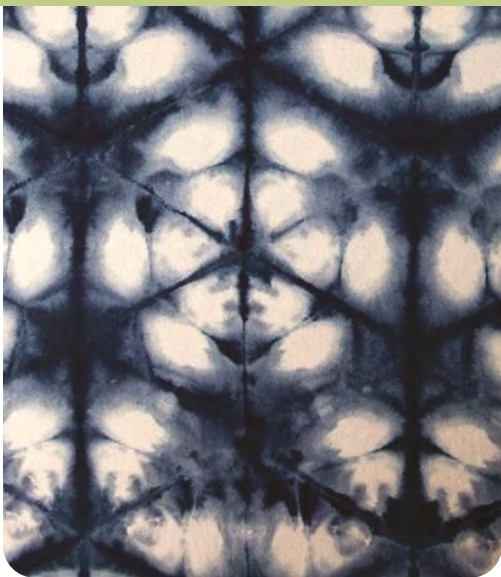
Create functional pieces that you can enjoy for years to come in these workshops, where “fun and friendships intertwine”.  
Classes are held from noon to 5 p.m.  
Pre-registration is required a week prior to the course.  
Instructor: Jeannie Sisson  
Members \$40, Non-members \$50

September 12 | Freedom Market Basket  
October 17 | Merry Christmas  
December 5 | Large Storage Basket

WATERCOLOR PAINTING

Capture the beauty of the garden while learning about the basics of watercolor painting. A supply list will be provided in advance of this class. Class will be held from noon to 2 p.m. Pre-registration is required a week prior to the course.  
Instructor: Samantha Guelden  
Members \$35, Non-members \$45

September 19 | October 24



NATURAL FABRIC DYEING

Learn about the fascinating world of natural fabric dyes in this series of workshops. Classes are held from 2 to 4 p.m.  
Instructor: Ashton Page

**September 27 | Indigo Intensive**  
Ashton Page will introduce participants to the illustrious and alluring Indigo (*Indigofera tinctoria*), a dye with an interesting history and intense color. Each participant will create their own personal starter vat of Indigo in the fermentation method. This is an amazing hands-on opportunity for creatives who desire to make their own vats, but want a bit of guidance. Each participant will leave with their own starter to make another Indigo vat later. Bring your own natural fabrics to dye in the communal vat. Designed for beginners and experienced dyers alike. Pre-registration is required by September 20.  
Members \$49, Non-members \$59

**October 11 | Woad Apron**  
This class is designed for anyone who loves a soft blue and is in need of a new apron! Woad (*Isatis tinctoria*) is the cousin of Indigo, and this dye bonds particularly well with cellulose fibers. With instruction from Ashton Page, participants will create a communal Woad vat and dye their own beautiful hemp apron. All supplies provided. Participants may bring their own fibers to dye in the communal vat after the aprons have been completed.  
Pre-registration is required by October 4



GEL PRESS

Join Oracle Art Supply for an art class utilizing a new printmaking method: gel press. Use fallen leaves, petals, and buds from the garden to create one-of-a-kind prints. All classes are held from 2 to 3:30 p.m. Pre-registration is required a week prior to the course.  
Instructor: Oracle Art Supply  
Members \$20, Non-members \$30

October 11 | Fall Gel Press



BOTANICAL DESIGN

Make beautiful floral designs to display at home or provide as a gift. Each workshop has its own unique theme which allows you to enjoy a new experience each time you participate. Participants will learn basic floral design skills that can be used to create all types of arrangements. No floral design knowledge or experience is necessary. All supplies are included. To ensure the freshest, longest-lasting arrangements, our designers select flowers from the warehouse the week of class to fit the class theme. Pre-registration is required one week prior to each class.  
Instructor: Karen Vice  
Members \$45, Non-members \$55

SATURDAY MORNINGS

10 to 11:30 a.m.  
November 21 | Thanksgiving Centerpiece  
December 5 at 10 a.m. | Holiday Wreath  
December 5 at noon | Holiday Wreath  
December 19 | Holiday Centerpiece

MONDAY EVENINGS

6:30 to 8 p.m.  
September 28 | Autumn Splendor  
December 21 | Woodland Christmas



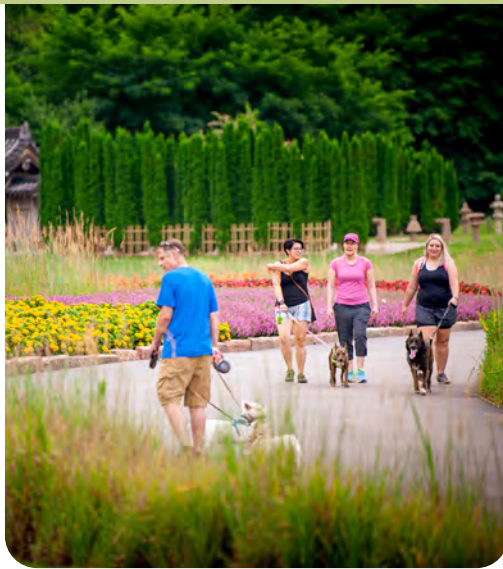
We are committed to providing a meaningful experience in nature, while staying healthy and safe! Please note that events and activities are subject to change or cancellation due to Covid-19 concerns as we continually monitor the situation.

## LEASHES AT LAURITZEN

September 7 and 14 | October 5 and 12  
from 5 to 8 p.m.

Bring your canine friends to walk the grounds and enjoy the great outdoors together.

Leashes at Lauritzen event attendees must secure a timed ticket which may be purchased or reserved at [lauritzengardens.org](http://lauritzengardens.org).



## MERRY AND BRIGHT

November 21, 2020 through January 3, 2021  
9 a.m. to 5 p.m. daily (closed Thanksgiving, Christmas Day and New Year's Day)

This holiday season, we invite you to step into our living room, as the floral display hall is transformed into a comfy, cozy space that is full of joy, cheer, and of course, the magnificent 20-foot-tall poinsettia tree (made from more than 700 plants) stands tall, surrounded by a cascade of carefully wrapped presents. Adding a bit of nostalgia, guests can enjoy the whir and whistle of a model garden train as it goes around and around the majestic tree.

Add S'more joy to your visit by toasting a marshmallow at the fire pits in the Family Chill Zone. S'mores kits will be available for purchase at the front desk.

The holiday show has been designed as a one-way experience with ample room to allow for social distancing.



## PRIVATE GOLF CART TOURS

Private, 1.5 hour golf cart tours (for 2-5 people) are full of facts and stories about the garden. Hosted by a member of senior leadership, tours are offered Monday through Thursday at 9 a.m., 10:30 a.m., noon, 1:30 p.m. and 3 p.m. from May through October.

Tour rate is \$60 per person, \$45 per person for members. Bookings are required one week in advance. Call Christine at (402) 346-4002, ext. 212 to book your tour or to purchase a gift certificate for a recipient to redeem on a date of their choosing. A great gift idea!

## CAFÉ REOPENING

11 a.m. to 2 p.m.

We are excited to announce the café will be reopening on September 1 with a limited menu and patio seating only. Guests will be able to order the same delicious custom made sandwiches as before and there will also be some side dishes and desserts available.

Please note: the café will be closed during inclement weather.

Our staff and accomplished instructors are excited to present you with the program and events guide for September through December 2020.

As you delve into the many workshops and programs we have planned, we hope that you will be inspired to expand upon your areas of interest or explore something entirely new.

Whether you want to tap into your creative side, connect with your body and mind, or let your inner floral designer bloom, we have something for you!

We invite you to come and grow with us in the garden.



Christine Jacobsen, director of education

## PLEASE NOTE

This fall and winter we will be reducing our education class sizes. Within our classes we will practice social distancing, and we are asking that all participants wear a mask while indoors. We will also be using a touchless thermometer to take temperatures of our staff, and all education class participants at check-in. Anyone showing an elevated temperature will not be admitted to class. We ask that you're following the three guidelines of self-quarantine:

1. Have you experienced cold or flu-like symptoms within the last 14 days?
2. Have you been in close contact with anyone else who has had these symptoms in the last 14 days?
3. Have you travelled outside of the United States in the last 14 days?

If you should answer yes to any of these questions leading up to class, we ask that you contact us immediately and cancel or move your class registration to a later class.

Check in for all education classes will be held at the conservatory vestibule. Please enter the glass doors to the north of the main entry doors. Do not use the main entrance to the garden.

## PLAN YOUR VISIT

Please familiarize yourself with all [safety guidelines](#) and [frequently asked questions](#) before your visit.

## MEMBERS MAKE OUR MISSION POSSIBLE

Membership is an easy and meaningful way to impact our community, provide opportunities for nature-based inspiration and education, and share the joys of the garden year-round. Levels start at \$45 per year. Proceeds from memberships help Lauritzen Gardens fulfill its mission.

## BENEFITS

Members receive reduced registration for educational programs and workshops (for household members covered under terms of membership.)

Other benefits include:

- Free admission for one year.
- Reduced fees for narrated tram tours (Please note: tram tours have been temporarily suspended)
- Discounted member rate for private golf cart tours
- A 10% discount on all regularly priced items in the gift shop
- Reciprocal privileges at more than 300 gardens across North America through the American Horticultural Society's Reciprocal Admissions Program (must present Lauritzen Gardens Membership Card in order to receive reciprocal benefits at participating institutions)

Not a member? Save time, paper, money on postage, and purchase your membership the economical and environmentally friendly way- **purchase a membership online!**

More information can be provided by contacting Libby Krecek at **(402) 346-4002 ext. 214** or [l.krecek@omahabotanicalgardens.org](mailto:l.krecek@omahabotanicalgardens.org)

## REGISTRATION

All classes, workshops and other educational offerings listed in this brochure require advance registration with payment due upon registration. **Please note that member discounts for events and programs apply only to those covered under membership terms.**

## REFUNDS AND CANCELLATIONS

If a registration for a program must be canceled, registration fees will be refunded if notice is received at least one week before the program date. Refunds will not be provided for cancellations within one week of the start of the program or for participants that are late or do not show for a program.

Please note that programs with insufficient registrations may be canceled. If Lauritzen Gardens cancels a program, phone or email

notification will be made as early as possible and full refunds will be given. In case of severe weather, please call (402) 346-4002, ext. 201 or, on the weekends, (402) 346-4002, ext. 250 to check the status of the program.

For more information visit [lauritzengardens.org](http://lauritzengardens.org) and click on "learn" or call **(402) 346-4002, ext. 263**

**GENERAL GARDEN INFORMATION**  
**(402) 346-4002**  
[lauritzengardens.org](http://lauritzengardens.org)

## FOLLOW US

Follow us to get the latest dirt on garden programs and events



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LAURITZEN  
GARDENS

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Open daily 10 a.m. to 5 p.m.  
100 Bancroft Street, Omaha, NE  
[lauritzengardens.org](http://lauritzengardens.org)