

SALADS

Abraham Salad **\$9.00**
Spinach and romaine lettuce topped with grilled chicken, dried cranberries, glazed pecans, feta cheese, and a fig vinaigrette.

Grilled Chicken Caesar Salad **\$9.00**
Romaine lettuce topped with diced tomatoes, grilled chicken breast, parmesan cheese, croutons, and Caesar dressing.

Our Vegan Salad **\$9.00**
Spinach and romaine lettuce topped with sliced apples, toasted almonds, and homemade balsamic vinaigrette.

Three Stooges **\$9.00**
A hearty scoop of tuna salad, egg salad and chicken salad on a bed of lettuce.

DELI SANDWICHES

Extra toppings \$1.50 each

Hap's Famous Chicken Salad Sandwich **\$10.00** *whole*
Hap's famous chicken salad with your choice of toppings on 9 grain wheat, ciabatta, croissant, marble rye, or white bread **\$5.00** *half*

Whole Sandwich *(made to order)* **\$8.00**
Includes choice of tuna salad, egg salad or one meat, plus one cheese and three toppings on 9 grain wheat, ciabatta, croissant, marble rye, or white bread

Half Sandwich *(made to order)* **\$4.00**
Includes choice of tuna salad, egg salad or one meat, plus one cheese and three toppings on 9 grain wheat, marble rye, or white bread

Whole Sandwich Special *(made to order)* **\$10.00**
Whole Chicken Salad Sandwich Special **\$10.75**

— Whole sandwich, your choice of chips, fruit, yogurt or cottage cheese, and a canned beverage

Substitute milk or a bottled drink for \$0.50 extra

Half Sandwich Special *(made to order)* **\$8.50**
— Half sandwich, your choice of chips, fruit, yogurt or cottage cheese, and a canned beverage
— Half sandwich, cup of soup and a canned beverage

Substitute milk or a bottled drink for \$0.50 extra

HOT SANDWICHES & PANINIS

Only available as whole sandwiches

Club Sandwich **\$10.00**
Layers of turkey, bacon, ham, American and Swiss cheeses, lettuce, tomato, and mayonnaise on your choice of toasted white, wheat or marble rye bread

Grilled Chicken Panini **\$10.00**
Grilled chicken breast on ciabatta, with spinach, tomato Provolone cheese, lettuce, and homemade onion jam

Italian Panini **\$10.00**
Ham, salami, pepperoni, banana peppers, black olives, tomato, red onion, provolone cheese, and homemade vinaigrette on a ciabatta bun

Add extra meat or cheese for \$1.50 each

Hot Sandwich/Panini Special **\$11.00**
Your choice of panini with your choice of chips, yogurt, cottage cheese, or fruit, and a canned drink.

Substitute milk or a bottled drink for \$0.50 extra

WRAPS

On your choice of spinach herb, tomato basil, white, or wheat wrap

Chicken Caesar Wrap **\$10.00**
Grilled chicken with chopped romaine lettuce, diced tomato, shredded parmesan cheese and Caesar dressing

Spicy Chicken Wrap **\$10.00**
Grilled chicken with chopped romaine lettuce, tomato, bacon, shredded cheddar and a spicy ranch dressing

Veggie Hummus Wrap **\$10.00**
Tomatoes, cucumbers, banana peppers, red onion, black olives, hummus, spinach, romaine lettuce, and vinaigrette

Wrap Special **\$11.00**
Any wrap with your choice of chips, yogurt, cottage cheese, or fruit, and a canned drink.

Substitute milk or a bottled drink for \$0.50 extra

DAILY SPECIAL

Hot entrée with canned beverage **\$9.50**

SOUP OF THE DAY

Cup **\$3.00** **Bowl** **\$4.00**

KIDS' MENU (AGES 12 AND UNDER)

Includes your choice of one side: chips, fruit, yogurt, or cottage cheese and your choice of beverage: juice, milk, or a canned drink

Grilled Ham and Cheese Panini **\$5.75**

Grilled All Beef Hot Dog **\$5.75**

Peanut Butter & Jelly *on white or wheat bread* **\$5.75**

DESSERTS

Bars, Cakes, Pies **\$4.00**

Specialty Cookies **\$3.25**

Big Cookie **\$2.00**

Small Cookie **\$1.00**

BEVERAGES

Canned Drinks **\$1.50**

Coffee or Hot Tea *(one free refill)* **\$1.50**

Bottled Drinks & Juice **\$2.00**

À LA CARTE

Side Salad **\$4.00**

Bagel and Cream Cheese **\$2.00**

Candy Bar **\$1.75**

Cottage Cheese **\$1.50**

Small Side **\$1.50**

Bag of Chips **\$1.25**

Cheese Stick **\$1.25**

Fruit Cup **\$1.00**

Apple, Banana, or Orange **\$0.75**

Dinner Roll **\$0.75**

Yogurt Cup **\$0.75**